

REFLECTIONS FOR THE FOURTH WEEK OF ADVENT

Here we are at the end (actually the beginning) of our spiritual journey.

The Vincentian reflection and meditation for the fourth Sunday of Advent are profound and meaningful for those of us who minister to the poor and suffering. Read and reflect on it, especially the paragraph under “Vincentian Meditation.” As Vincentians, Christ must be cradled in our hearts, his growth in us nourished by our minds, and nurtured in our souls. Frederic Ozanam said it so well:

“Help honors when, to the bread that nourishes, it adds the visit that consoles, the advice that enlightens, the friendly shake of the hand that lifts up the sinking courage; when it treats the poor man with respect, not only as an equal but as a superior, since he is suffering what perhaps we are incapable of suffering; since he is the messenger of God to us, sent to prove our justice and our charity, and to save us by our works.”

Merry Christmas to all of our wonderful, generous Vincentians, and please join in prayer that those we have assisted will receive the blessings of peace and joy of this holy season!